

## 上師我永遠祝福您

上師我永遠祝福您，上師我永遠祝福您

Teacher I pray for you forever more, Teacher I pray for you forever more,

祝福您健康，祝福您長壽，上師我永遠祝福您；

Pray with blessing for your good health and long life, Teacher I pray for you forever more;

祝福您自在，祝福您快樂，上師我永遠祝福您。

Pray with blessing for your happiness and goodness, Teacher I pray for you forever more.

上師我永遠感謝您，上師我永遠感謝您

Teacher I am grateful for you forever more, Teacher I am grateful for you forever more,

感謝您博施，感謝您濟眾，上師我永遠感謝您；

With gratefulness for your compassion and benefit to all sentient beings, Teacher I am grateful for you forever more.

感謝您拔苦，感謝您予樂，上師我永遠感謝您。

With gratefulness for taking away suffering and for your giving happiness, Teacher I am grateful for you forever more.